

**EL CAPITAN HIGH SCHOOL FOOTBALL RECORD BOOK
TEAM STATISTICS
THRU 2007**

TEAM OFFENSE

SCORING - SEASON:

<u>Avg.</u>	<u>Pts.</u>	<u>Games</u>	<u>Year</u>
37.9	379	10	2007
37.5	450	12	2006
36.6	439	12	1996
35.8	286	8	1967
30.8	369	12	1992

SCORING - GAME:

<u>Pts.</u>	<u>Opponent</u>	<u>Year</u>
68	Mount Miguel (6)	1970
66	Santana (13)	1968
63	Santana (0)	1996
61	Monte Vista (19)	1968
57	University City (20)	2007
56	Coronado (36)	2007
56	West Hills (22)	1996
56	Santana (17)	1995
56	El Cajon Valley (6)	1991

TOTAL OFFENSE - SEASON:

<u>Yards</u>	<u>Total Games</u>	<u>Year</u>
5216	12	2006
4603	10	2007
4516	12	1996
4356	12	1992
4200	13	1991
3675	11	2005
3575	11	1995

TOTAL OFFENSE - GAME:

<u>Yards</u>	<u>Opponent</u>	<u>Year</u>
659	Santana	2007
656	Poway	2006
636	Valhalla	2007
626	Granite Hills	1996
621	El Cajon Valley	1991
578	King Kekaulike, HI	2007
556	University City	2007
550	Santana	1968
535	Coronado	2007
530	El Cajon Valley	1983
519	Santana	1995
518	El Cajon Valley	1996
512	St. Augustine	2006

TEAM OFFENSE - RUSHING - SEASON:

<u>Yards</u>	<u>Year</u>
3690	1992
3567	1991
3055	1983
2890	1996
2847	2000
2611	1977
2234	1995
2230	1994
2212	1998
2175	1976
2113	1999
2104	1993

TEAM RUSHING - GAME:

<u>Yards</u>	<u>TCB</u>	<u>Opponent</u>	<u>Year</u>
601	57	El Cajon Valley	1991*
*Grossmont Conference Record			
476	42	Santana	1968
466	44	El Cajon Valley	1992
457	44	El Cajon Valley	1983
451	41	Mount Miguel	1991
435	39	El Cajon Valley	1992
428	42	Monte Vista	1968
418	67	Valhalla	1977
412	30	Santana	1996
411	59	El Cajon Valley	1979

TEAM PASSING - SEASON:

<u>Yards</u>	<u>Year</u>
3697	2006
3210	2007
2422	2005
1626	1996
1488	2003

TEAM PASSING - GAME:

<u>Yards</u>	<u>Opponent</u>	<u>Year</u>
597	Santana	2007
463	Poway	2006
417	St. Augustine	2006
413	Serra	2006
386	Coronado	2007
366	Valhalla	2007
345	King Kekaulike (Hawaii)	2007
343	Ramona	2005
323	Grossmont	2005
310	El Cajon Valley	2006
305	Ramona	2006
304	Granite Hills	1971
303	Valhalla	2006

TEAM DEFENSE

SCORING - SEASON:

(See Waastad - Cota)

FEWEST TOTAL YARDS - GAME:

<u>Yards</u>	<u>Opponent</u>	<u>Year</u>
(-11)	Monte Vista	1961
(-1)	Monte Vista	1962
+3	Mount Miguel	1970

FEWEST YARDS RUSHING - GAME:

<u>Yards</u>	<u>Opponent</u>	<u>Year</u>
(-47)	Helix	1963
(-33)	Kearny	1987
(-28)	Monte Vista	1961
(-20)	El Cajon Valley	1995
(-20)	Monte Vista	1967

FEWEST YARDS PASSING:

(See Waastad's records)

INTERCEPTIONS - GAME:

<u>No.</u>	<u>Opponent</u>	<u>Year</u>
6	El Cajon Valley	2002
6	Granite Hills	1967

TOTAL SHUTOUTS:

43 total (had 3 consecutive shutouts in 1983)

INDIVIDUAL

SCORING - CAREER:

Tot Pts	Player	TDs	Total			Years
			PAT	Pts	Safety	
268	Eric Rockhold	35	46	-	4	1990-92
248	Fred Hight	41	2	-	-	1965-68
232	Brian Ames	37	10	-	-	1994-96
212	A.J. Conti	20	77	-	4	2005-06
180	James Hopkins	30	-	-	-	1991-92
174	Alan Murray	29	-	-	-	1982-83
170	Sean Henschel	6	68	-	22	2001-03
166	Ben Wilkins	27	4	-	-	2006-07
162	Dave Duncan	26	6	-	-	1962-64
154	Bill Fudge	25	4	-	-	1968-70
136	Matt Westrick	10	49	-	8	1999-00
126	Bryan Palmer	21	-	-	-	1985-87
126	Richard Mates	21	-	-	-	1964-65
114	Leon Herzog	17	12	-	-	1961-62
112	Bobby Vickery	18	4	-	-	1990-92
110	Joe Thogmartin	18	2	-	-	1967-68
108	Nick Romero	18	-	-	-	1999-00
108	Myles Bush	18	-	-	-	2000-01
102	George Castro	17	-	-	-	1975-76

SCORING - SEASON:

Tot Pts	Player	TDs	Total			Year
			PAT	Pts	FG	
148	Eric Rockhold	17	37	3	1991	
132	A.J. Conti	12	48	4	2006	
126	Brian Ames	20	6	-	1996	
120	James Hopkins	20	-	-	1992	
109	Fred Hight	18	1	-	1968	
107	Matt Westrick	9	32	7	2000	
103	Fred Hight	17	1	-	1967	
102	Alan Murray	17	-	-	1983	
94	Sean Henschel	4	31	13	2002	
88	Brian Ames	14	4	-	1995	
86	Ben Wilkins	14	2	-	2007	
84	George Castro	14	-	-	1976	

SCORING - GAME:

Tot			Total		
Pts	Player	TDs	PAT Pts	Opponent	Year
36	Ben Wilkins	6	-	Valhalla	2007
31	Fred Hight	5	1	Santana	1968
30	Fred Hight	5	-	Monte Vista	1968
30	Fred Hight	5	-	Oceanside	1967
29	A.J. Conti	4	5	St. Augustine	2006
26	Jamie Christensen	4	2	Grossmont	1975
26	Bill Fudge	4	2	Helix	1969

KICK SCORING**FIELD GOALS - CAREER:**

Made	Player	Years
22	Sean Henschel	2001-03
10	Ricardo Jasso	1997-98

FIELD GOALS - SEASON:

Made	Player	Year
13	Sean Henschel	2002*
*Grossmont Conference Record		
7	Matt Westrick	2000

KICK SCORING - PATs - CAREER:

Made	Player	Years
77	A.J. Conti	2005-06
68	Sean Henschel	2001-03
67	Darin Chamney	1995-96

KICK SCORING - PATs - SEASON:

Made	Player	Year
48	A.J. Conti	2006
44	Darin Chamney	1996
37	Eric Rockhold	1991
34	David Douhit	1992
32	Andy Roberts	1983

PATs - GAME:

Made	Player	Opponent	Year
8-9	Gary Kane	Mount Miguel	1970
7-7	A.J. Conti	Serra	2006
7-7	A.J. Conti	Cathedral	2006
7-7	A.J. Conti	Santana	2005
7-8	Alex Rostamijam	Univ. City	2007

TOTAL OFFENSE - CAREER:

<u>Yards</u>	<u>Player</u>	<u>Breakdown</u>	<u>Years</u>
5714	Ryan Lindley	(5741-P/27-R)	2005-06
3492	Tanner Rust	(3335-P/157-R)	2006-Present
2968	Kevin McCadam	(2440-P/528-R)	1995-96
2633	Dan Freeman	(2566-P/67-R)	1986-88
2569	Bobby Vickery	(1651-P/918-R)	1990-92

TOTAL OFFENSE - SEASON:

<u>Yards</u>	<u>Player</u>	<u>Breakdown</u>	<u>Year</u>
3542	Ryan Lindley	(3521-P/21-R)	2006
3324	Tanner Rust	(3159-P/165-R)	2007
2172	Ryan Lindley	(2220-P/(-48)-R)	2005
1556	Tom Lockhart	(1351-P/205-R)	1971
1450	Kevin McCadam	(1264-P/186-R)	1996
1418	Kevin McCadam	(1176-P/242-R)	1995
1362	Matt Jarvis	(1461-P/(-99)	2003
1218	Bobby Vickery	(633-P/585-R)	1992

TOTAL OFFENSE - GAME:

<u>Yards</u>	<u>Player</u>	<u>Opponent</u>	<u>Year</u>
616	Tanner Rust	Santana	2007
411	Ryan Lindley	Poway	2006
404	Tanner Rust	Coronado	2007
400	Tanner Rust	Valhalla	2007
395	Ryan Lindley	St. Augustine	2006
385	Tanner Rust	KingKekaulike (HI)	2007
369	Ryan Lindley	Serra	2006
338	Ryan Lindley	Ramona	2005
333	Tanner Rust	El Cajon Valley	2007
321	Tom Lockhart	Granite Hills	1971
309	Ryan Lindley	Valhalla	2006
307	Ryan Lindley	Ramona	2006

RUSHING YARDS - CAREER:

<u>Yards</u>	<u>TCB</u>	<u>Player</u>	<u>Years</u>
3550	529	Fred Hight	1965-68
3319	413	Brian Ames	1994-96
3029	426	Eric Rockhold	1990-92
2630	458	Bill Fudge	1969-70
2238	370	Alan Murray	1981-83

RUSHING YARDS - SEASON:

<u>Yards</u>	<u>TCB</u>	<u>Player</u>	<u>Year</u>
1622	175	Brian Ames	1996
1580	263	Bill Fudge	1970
1456	245	Fred Hight	1968
1412	197	Eric Rockhold	1991
1392	195	Alan Murray	1983
1179	216	Nick Romero	2000
1022	141	Ben Wilkins	2006
1004	172	Jamie Christensen	1975

RUSHING YARDS - GAME:

<u>Yards</u>	<u>TCB</u>	<u>Player</u>	<u>Opponent</u>	<u>Year</u>
291	38	Fred Hight	Coronado	1967
285	32	Fred Hight	Oceanside	1967
280	32	Jim Belisle	El Cajon Valley	1979
266	21	Fred Hight	Helix	1968
238	24	Bill Fudge	Helix	1969
236	18	Eric Rockhold	El Cajon Valley	1991
235	14	Fred Hight	Santana	1968
232	27	Bill Fudge	El Cajon Valley	1970
230	22	Fred Hight	Santana	1967
229	11	Eric Rockhold	Kearny	1992
225	30	Dave Duncan	Hoover	1963
225	17	Ben Wilkins	University City	2007
219	20	Brian Ames	Granite Hills	1996
218	33	Danny Cappasola	Santana	1999
217	16	Myles Bush	Grossmont	2000
214	11	George Castro	Monte Vista	1976
211	14	Eric Rockhold	Granite Hills	1991
205	34	Bill Fudge	Grossmont	1970
201	17	James Hopkins	Valhalla	1992
200	19	John Woodward	Santana	1972

PASSING COMPLETIONS - CAREER:

<u>No.</u>	<u>Player</u>	<u>Years</u>
386	Ryan Lindley	2005-06
198	Tanner Rust	2006-Present
193	Dan Freeman	1986-88

PASS COMPLETIONS - SEASON:

<u>No.</u>	<u>Player</u>	<u>Year</u>
234	Ryan Lindley	2006
188	Tanner Rust	2007
152	Ryan Lindley	2005
96	Dan Freeman	1988

PASS COMPLETIONS - GAME:

No.	Player	Opponent	Year
27	Ryan Lindley	Poway	2006
25	Tanner Rust	Santana	2007
24	Ryan Lindley	Ramona	2005
24	Ryan Lindley	Serra	2006
24	Ryan Lindley	St. Augustine	2006
22	Ryan Lindley	Ramona	2006
22	Tanner Rust	Grossmont	2007
21	Tanner Rust	Coronado	2007
21	Tanner Rust	El Cajon Valley	2007
20	Ryan Lindley	Santana	2006

PASS COMPLETIONS PCT - CAREER

Pct.	Att.	Comp.	Player	Years
.564	684	386	Ryan Lindley	2005-06

PASS COMPLETIONS PCT - SEASON

Pct.	Att.	Comp.	Player	Year
.608	385	234	Ryan Lindley	2006
.570	330	188	Tanner Rust	2007

PASSING YARDS - CAREER:

Yards	Player	Years
5741	Ryan Lindley	2005-06
3335	Tanner Rust	2006-Present
2566	Dan Freeman	1986-88
2440	Kevin McCadam	1994-96
2107	Matt Jarvis	2003-04

PASSING YARDS - SEASON:

Yards	Player	Year
3521	Ryan Lindley	2006
3159	Tanner Rust	2007
2220	Ryan Lindley	2005
1461	Matt Jarvis	2003
1351	Tom Lockhart	1971
1264	Kevin McCadam	1996
1238	Dan Freeman	1988
1153	Simon Freese	2002

PASSING YARDS - GAME:

Yards	Player	Opponent	Year
597**	Tanner Rust	Santana	2007
417	Ryan Lindley	Poway	2006
417	Ryan Lindley	Santana	2006
386	Tanner Rust	Coronado	2007
366	Ryan Lindley	Serra	2006
366	Tanner Rust	Valhalla	2007
345	Tanner Rust	King Kekaulike (HI)	2007
343	Ryan Lindley	Ramona	2005
306	Tom Lockhart	Granite Hills	1971
305	Ryan Lindley	Ramona	2006
305	Tanner Rust	El Cajon Valley	2007
303	Ryan Lindley	Grossmont	2005
303	Ryan Lindley	Valhalla	2006
291	Ryan Lindley	Santa Fe Christian	2005

**San Diego CIF record.

TOUCHDOWN PASSES - CAREER:

No.	Player	Years
49	Ryan Lindley	2005-06
33	Tanner Rust	2006-Present
25	Kevin McCadam	1995-96
21	Tom Lockhart	1969-71
18	Joe Unden	1971-73

TOUCHDOWN PASSES - SEASON:

No.	Player	Year
35	Ryan Lindley	2006
30	Tanner Rust	2007
17	Tom Lockhart	1971
16	Kevin McCadam	1996
14	Ryan Lindley	2005

TOUCHDOWN PASSES - GAME

No.	Player	Opponent	Year
7	Tanner Rust	Santana	2007
6	Tanner Rust	Coronado	2007
5	Ryan Lindley	Serra	2006
5	Tanner Rust	King Kekaulike(HI)	2007

PASS RECEPTIONS - CAREER:

No.	Player	Year
114	A.J. Conti	2005-06
93	Tila Case	2005-07
68	Taylor Teigen	1994-96
66	Michael Holz	2005-06
56	Ben Noy	2005-06

PASS RECEPTIONS - SEASON:

No.	Player	Year
73	A.J. Conti	2006
67	Tila Case	2007
54	Michael Holz	2006
47	Ben Noy	2006
44	Ryan Inverso	2005
42	Phillip Cook	2007
41	A.J. Conti	2005
40	Eagle La Chappa	1988
38	Garrett Jarvis	2007
36	Taylor Teigen	1996

PASS RECEPTIONS - GAME:

No.	Player	Opponent	Year
14	A.J. Conti	St. Augustine	2006
10	A.J. Conti	Ramona	2005
10	Tila Case	Santana	2007
9	Ryan Inverso	Santa Fe Christian	2005
9	Ben Noy	Poway	2006
9	A.J. Conti	Poway	2006
9	Tila Case	Steele Canyon	2007
8	Ryan Inverso	Ramona	2005
8	A.J. Conti	West Hills	2005
8	A.J. Conti	Clairemont	2006
8	Tila Case	King Kekaulike (HI)	2007

PASS RECEIVING YARDS - CAREER:

Yards	Player	Years
2050	A.J. Conti	2005-06
1539	Tila Case	2005-07
1065	Taylor Teigen	1994-96
1042	Ben Noy	2005-06
833	Phillip Cook	2007-Present
825	Michael Holz	2005-06

PASS RECEIVING YARDS - SEASON:

Yards	Player	Year
1423	A.J. Conti	2006
1231	Tila Case	2007
833	Phillip Cook	2007
750	Ben Noy	2006
708	Michael Holz	2006
627	A.J. Conti	2005
576	Chris Hunter	2003

565	Garrett Jarvis	2007
519	Warren Salas	1971
507	Taylor Teigen	1996

PASS RECEIVING YARDS - GAME:

Yards	No.	Player	Opponent	Year
326*	14	A.J. Conti	St. Augustine	2006
284	10	Tila Case	Santana	2007
232	8	Tila Case	King Kekaulike, HI	2007
187	5	A.J. Conti	Santa Fe Chr.	2006
179	7	Chris Hunter	Grossmont	2003
165	9	Ben Noy	Poway	2006
151	5	Phillip Cook	Santana	2007
142	10	A.J. Conti	Ramona	2005
138	8	Ryan Inverso	Ramona	2005
138	7	Tila Case	Coronado	2007
131	7	A.J. Conti	Ramona	2006
129	9	Tila Case	Steele Canyon	2007
129	7	Tila Case	University City	2007
128	6	A.J. Conti	Poway	2006
127	6	Phillip Cook	El Cajon Valley	2007
127	5	Garrett Jarvis	Valhalla	2007
124	5	Phillip Cook	Coronado	2007
117	6	A.J. Conti	Valhalla	2006
115	4	Ben Noy	Santana	2005
115	6	Michael Holz	Serra	2006
112	5	Joe Morello	Santana	2002

*Grossmont Conference record.

TOUCHDOWN PASS RECEPTIONS - CAREER:

No.	Player	Years
17	A.J. Conti	2005-06
14	Taylor Teigen	1994-96
14	Ben Noy	2005-06
12	Warren Salas	1970-71
11	Tila Case	2005-07

TOUCHDOWN PASS RECEPTIONS - SEASON:

No.	Player	Year
12	Ben Noy	2006
10	Warren Salas	1971
10	Taylor Teigen	1996
10	Tila Case	2007

TOUCHDOWN PASS RECEPTIONS - GAME:

No.	Player	Opponent	Year
4	A.J. Conti	St. Augustine	2006
4	Phillip Cook	Santana	2007
3	Tila Case	King Kekaulike (HI)	2007

3
(14 tied with 2)

Taylor Teigen West Hills

1996

RUSHING - AVERAGE PER CARRY - CAREER:

(Minimum 250 carries, 1800 yards)

APC	Player	TCB - Yards	Years
8.04	Brian Ames	413 - 3319	1994-96
7.11	Eric Rockhold	426 - 3029	1990-92
7.09	Ben Wilkins	258 - 1829	2006-07
6.71	Fred Hight	529 - 3550	1965-68

RUSHING - AVERAGE PER CARRY - SEASON:

(Minimum 70 carries, 600 yards)

APC	Player	TCB - Yards	Year
9.26	Brian Ames	175 - 1622	1996
8.89	Eric Rockhold	123 - 1091	1992
8.55	Greg Ryan	72 - 616	1992
7.54	Ben Wilkins	107 - 807	2007
7.53	Mike Spencer	110 - 828	1983
7.13	Alan Murray	195 - 1392	1983

KICKOFF RETURNS - CAREER:

(Min. 28 Returns, 600 yards)

Avg.	No.	Yards	TDs	Player	Years
25.8	37	954	1	Eric Rockhold	1990-92
24.3	32	778	1	Alan Murray	1981-83
22.1	28	619	0	Carlos Gutierrez	1985-87
22.0	43	948	0	Tila Case	2005-07

KICKOFF RETURNS - SEASON:

(Min. 16 Ret., 350 yards)

Avg.	No.	Yards	TDs	Player	Year
30.1	15	452	1	Eric Rockhold	1990
25.3	20	506	1	Alan Murray	1982
25.0	16	400	0	Carlos Gutierrez	1986
24.4	25	611	0	Tila Case	2007
20.7	17	352	0	John Clark	1994
19.6	21	412	0	Shawn Callen	2005

PUNT RETURNS - CAREER:

(Min. of 16 Attempts, 140 yards)

Avg.	Att.	Yards	TDs	Player	Years
22.3	18	401	1	Tila Case	2005-07
13.0	16	208	0	Eric Rockhold	1990-92

11.5	26	299	1	Noelle Noy	2001-03
8.5	17	148	0	Dean Kinikin	1978-79
7.7	42	325	0	George Castro	1975-76

PUNT RETURNS - SEASON:

(Min. of 9 Att., 90 yards)

<u>Avg.</u>	<u>Att.</u>	<u>Yards</u>	<u>TDs</u>	<u>Player</u>	<u>Year</u>
27.5	11	303	1	Tila Case	2007
18.0	9	162	0	Justin Gruber	2000
13.1	11	144	0	Eric Rockhold	1991
12.3	9	111	0	Noelle Noy	2001
9.0	10	90	0	Dean Kinikin	1978
8.7	27	234	0	George Castro	1976

ALL-PURPOSE RUNNING - CAREER:

<u>Yards</u>	<u>Player</u>	<u>Rush</u>	<u>Rec.</u>	<u>Ret.</u>	<u>Years</u>
4548	Eric Rockhold	3029	347	1162	1990-92
4030	Brian Ames	3319	384	327	1994-96
3990	Fred Hight	3550	28	412	1965-68
3468	Alan Murray	2238	117	1113	1981-83
3161	Tila Case	231	1539	1391	2005-07

ALL-PURPOSE RUNNING - SEASON:

<u>Yards</u>	<u>Player</u>	<u>Rush</u>	<u>Rec.</u>	<u>Ret.</u>	<u>Year</u>
2402	Tila Case	215	1231	956	2007
2053	Brian Ames	1622	273	158	1996
2032	Eric Rockhold	1412	105	515	1991
1988	Alan Murray	1392	50	546	1983
1444	A.J. Conti	21	1423	0	2006
1405	Alan Murray	832	67	506	1982
1380	Ben Wilkins	1022	179	0	2006
1368	Brian Ames	1125	103	140	1995

INTERCEPTIONS - CAREER:

<u>No.</u>	<u>Player</u>	<u>Years</u>
*22	Dave Duncan	1961-63
	*Grossmont Conference Record, SDCIF Record	
15	Noelle Noy	2001-03
14	Greg Ryan	1990-92
11	Mark Daynes	1997-98

INTERCEPTIONS - SEASON:

<u>No.</u>	<u>Player</u>	<u>Year</u>
*16	Dave Duncan	1963
	*Grossmont Conference Record, SDCIF Record	

9	Andy Roberts	1983
8	Rick Bailey	1967

INTERCEPTIONS - GAME:

<u>No.</u>	<u>Player</u>	<u>Opponents</u>	<u>Year</u>
4	Dave Duncan	El Cajon Valley	1962
4	Rick Bailey	Granite Hills	1967
3	John Sandoval	Santana	1979
3	Mark Daynes	Santana	1998

PUNTING - CAREER: (Min. of 39 Attempts)

<u>Player</u>	<u>Att.</u>	<u>Yards</u>	<u>Avg.</u>	<u>Long</u>	<u>Years</u>
Tanner Rust	39	1534	39.3	60	2006-Present
Jim Hunnell	44	1711	38.9	64	1984-85
Sean Henschel	98	3787	38.6	63	2001-03

PUNTING - SEASON: (Min. of 25 Attempts)

<u>Player</u>	<u>Att.</u>	<u>Yards</u>	<u>Avg.</u>	<u>Long</u>	<u>Year</u>
Jim Hunnell	31	1251	40.4	64	1985
Sean Henschel	41	1644	40.1	60	2003
Sean Henschel	35	1345	38.4	63	2001
Dan Melville	26	988	38.0	62	1973

FUMBLE RECOVERIES - CAREER: (See Waastad-Cota)

<u>No.</u>	<u>Player</u>	<u>Years</u>
6	Alan Murray	1986-88
6	Mike Murray	1986-88

FUMBLE RECOVERIES - SEASON:

<u>No.</u>	<u>Player</u>	<u>Year</u>
5	Don Riley	1963

FUMBLE RECOVERIES - GAME:

<u>No.</u>	<u>Player</u>	<u>Opponent</u>	<u>Year</u>
3	John Burns	El Cajon Valley	2003

LONGEST PLAYS

(TDs unless otherwise noted)

LONGEST PLAYS - RUSHING:

<u>Yards</u>	<u>Player</u>	<u>Opponent</u>	<u>Year</u>
96	Chuck Anderson	Mount Miguel	1970
93	James Hopkins	Santana	1991
91	Joe Thogmartin	Santana	1968
91	Myles Bush	Grossmont	2000
89	Jim Belisle	El Cajon Valley	1979
89	John Hart	La Quinta	1977
88	Steve Cook	Monte Vista	1978
87	Fred Hight	Santana	1967
83	Eric Rockhold	Valhalla	1992
81	Brian Ames	San Pasqual	1996
80	Cody Weis	West Hills	1993
79	Brian Ames	Bonita Vista	1995
79	Eric Rockhold	Mount Miguel	1991
78	Mark Daynes	West Hills	1997
78	George Castro	El Cajon Valley	1976
77	David Sullivan	Mount Miguel	1977
77	John Woodward	Santana	1972
76 (No TD)	Devin Pelley	West Hills	1976

LONGEST PLAYS - PASSING:

<u>Yards</u>	<u>Received from</u>	<u>Passer</u>	<u>Opponent</u>	<u>Year</u>
95	Sid Melero	Jason Heise	Santana	1989
93	Phillip Cook	Tanner Rust	Santana	2007
87	Tila Case	Tanner Rust	Santana	2007
83	A.J. Conti	Ryan Lindley	Santa Fe Chr.	2006
81(No TD)	Brian Ames	Kevin McCadam	Valhalla	1996
73	Chuck Anderson	Tom Lockhart	Mount Miguel	1971
72	A.J. Conti	Ryan Lindley	Santa Fe Chr.	2005
72	John Hart	David Sullivan	Santana	1976
72(No TD)	Frank Lybarger	Paul Brooks	Mount Miguel	1979
70	Phillip Cook	Tanner Rust	El Cajon Vly	2007
70	Ben Noy	Ryan Lindley	Clairemont	2006
67	Tila Case	Tanner Rust	KingKekaulike, HI	2007
66	Phillip Cook	Tanner Rust	Coronado	2007

LONGEST FIELD GOALS:

Yards	Player	Opponent	Year
51	Ricardo Jasso	Santana	1998
50	Sean Henschel	Steele Canyon	2002
49	Sean Henschel	St. Augustine	2002
47	Sean Henschel	West Hills	2002
45	Ricardo Jasso	Santana	1998
42	A.J. Conti	Santana	2006

LONGEST KICKOFF RETURN:

Yards	Player	Opponent	Year
*100	Eric Rockhold	Mount Miguel	1990
*Grossmont Conference Record, SDCIF Record			
95	Tila Case	KingKekaulike,HI	2007
94	Wayne Layton	Helix	1961
92	Myles Bush	West Hills	2001
91	Joe Thogmartin	Monte Vista	1968
90	Matt Davey	West Hills	1996
90	George Castro	Monte Vista	1975
89	Alan Murray	Santana	1982
89	Rick Brown	Monte Vista	1977
88	David Avalos	Granite Hills	2002

LONGEST PUNT RETURNS:

Yards	Player	Opponent	Year
95	Tila Case	KingKekaulike,HI	2007
85	Todd Cantrell	Helix	1981
80	Dave Varvel	Monte Vista	1961
70	Dave Duncan	Monte Vista	1962
70	Gary Armstrong	Mar Vista	1972

LONGEST INTERCEPTIONS:

Yards	Player	Opponent	Year
79	Kevin McCadam	Valhalla	1996
70	Bill Fudge	Helix	1969
61 (No TD)	Zak Salmon	El Cajon Valley	1988
60	Myles Bush	Mount Miguel	2000
57	Adam Denick	Cathedral	2006
52	Justin Morris	Serra	2005

LONGEST FUMBLE RETURNS:

Yards	Player	Opponent	Year
80	Marcus Burseley	Granite Hills	2002
70	Zach Adams	Helix	1995
56	Cody Weis	West Hills	1991

LONGEST PUNTS:

Yards	Player	Opponent	Year
68	Don Blevins	Helix	1975
64	Jim Hunnell	El Cajon Valley	1985
63	Brian Ames	Carlsbad	1995
63	Sean Henschel	Mount Miguel	2001

EL CAPITAN LEAGUE TITLES

2006	Grossmont North League
2000	Grossmont North League
1996	Grossmont North League
1992	Grossmont 2A League
1991	Grossmont 2A League
1987	Grossmont 2A League
1985	Grossmont 2A League
1983	Grossmont League
1971	Grossmont League
1968	Grossmont League
1963	Grossmont League