

EL CAPITAN FRESHMAN FOOTBALL CAMP

DATES: JUNE 22, 23, 24, 25,26, 29 and June 30



TIME: 3:30 pm — 5:30 pm EACH DAY

PLACE: STADIUM FIELD

FEE: \$95.00 PER PLAYER (includes El Capitan T-Shirt)

WHAT TO WEAR: *Shorts, T-Shirt and Cleats (if possible). Tennis shoes ok*
The El Capitan Vaquero Freshman Football Camp is designed to provide incoming Freshman football players the opportunity to learn sound football fundamentals in a camp format and team atmosphere.

You will learn from the El Capitan Coaching Staff the importance of leadership, sportsmanship and academics.

Don't miss the opportunity to improve yourself as a player and a person for your Upcoming season.

WORKOUTS will continue daily at same times until July 26th
NO CONTACT PERIOD IS JULY 27TH—AUGUST 8TH

BENEFITS

- Specialized attention on sound fundamentals
- Introduction to El Capitan Offense and Defense
- Team Camp Format



REGISTRATION FORM

Name

Address

City/Zip Code

Phone #

T-Shirt Size

S

M

L

XL

XXL

Make checks payable to: El Capitan FB

Please complete registration form with fee and mail to Coach Ron Burner @
El Capitan Football - 10140 Ashwood St, Lakeside, Ca 92040